

TOWN OF NEW MILFORD

40 Main Street

New Milford, Connecticut 06776

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Department of Social Services

TEN THINGS YOU CAN DO TO HELP SOCIAL SERVICES:

- 1) Buy and donate \$25 gas cards.
- 2) Clip and donate coupons for food and household items.
- 3) Use “buy one, get one free” opportunities to buy and donate food and household goods to the Food Bank.
- 4) Organize and donate “move in” household supply packages for residents moving into a new home or apartment. Items can include: laundry basket or mop and bucket filled with cleaners, paper supplies, garbage bags and the like.
- 5) Monitor legislative action on LIHEAP—the Low Income Heating Assistance Program—and write our Members of Congress to support restoration of funds for this program that helps *thousands* of New Milford residents (including elders, children and disabled) stay warm during the winter months.
- 6) Organize a food drive in your office, club, church, as an alternative gift at a family gathering, etc. Bring non-perishable items to Social Services for the Food Bank. Greatest needs: tuna and other canned meats, soups, canned fruits and vegetables, stew, pasta sauce, peanut butter, paper towels, cereal, crackers, dish soap. Hunger knows no season!
- 7) Help neighbors cope with emergency needs by making a donation to the Good Samaritan Fund of Social Services. All donations go directly to basic needs support of New Milford families and special Social Services programs.
- 8) Donate personal and feminine hygiene products such as toothpaste, toothbrushes, deodorant, shampoo and conditioner, lotion, tampons and pads, etc. to Social Services office.
- 9) Provide financial assistance to the Community Fuel Bank. This fund helps our income-eligible residents with a one-time delivery of fuel when they have exhausted all other available resources.
- 10) Be on the look-out for seasonal programs, such as Bike Day (donate good, used bikes to the Youth Agency in spring), Back to School Clothes (organized through the United Way, early summer) and holiday programs that help our residents enjoy special occasions.