

# How **YOU CAN HELP** New Milford Social Services



## Basic Needs:

1. **Donate** groceries, extra vegetables from your garden, pet food, paper products, personal care and hygiene products or household cleaners to the **FOOD BANK**.
2. **Organize a food drive** with your school, civic group, church or synagogue, at work, or even in your neighborhood.
3. Donate \$10-\$25 in **gift cards** to purchase gas, clothing, food and other basic needs. Donate bus passes from HARTransit.
4. Donate to our *Seasonal Programs*: Back to School , Santa Fund, or Bike Day- sponsor a child or donate school supplies, winter outerwear, gift cards, gently used bike & a new helmet.
5. **\*Contact us with your ideas!**  
[socialservices@newmilford.org](mailto:socialservices@newmilford.org)

## Donate to our Emergency Funds:

All donations go directly to supporting NMSS households & to the fulfillment and operation of our basic need programs.

1. **Good Samaritan Fund:** Helps residents in financial crisis with utility and household bills, medical costs, transportation costs, child care costs, scholarships for child enrichment and camps, etc.
2. **Hope Fund:** Assists with grants for housing- rental or mortgage assist.
3. **New Milford Food Bank:** Weekly food pantry and emergency vouchers for those experiencing food insecurity.
4. **SNAP at the Farmers Market:** This program offers matching funds to SNAP recipients who purchase special coins to spend on fresh produce at the New Milford Farmers Market.
5. **Community Fuel Bank:** Together with the Senior Center, this fund helps with heating assistance for those in need of warmth.

## Advocate, Listen, Empower:

1. Learn about changes in policies that may affect your life or the life of someone you know.
2. Advocate for funds and legislation regarding health and human services programs that help our neighbors in need.
3. Make your voice heard! What you think and say makes a difference!
4. VOTE !

*In-kind donations can be brought directly to our office, Monday-Friday. Monetary contributions can also be made online on our webpage @ [www.newmilford.org](http://www.newmilford.org) or mailed to New Milford Social Services 2 Pickett District Road, New Milford, CT 06776*