



# WHAT TO DO IF YOU TEST NEGATIVE

## *COVID-19 At Home Test Kits*

According to the CDC, "a negative self-test result means that the test did not detect the virus and you may not have an infection, but it does not rule out infection."

- ✓ Repeat the test within a few days, with at least 24 hours between tests, or if symptoms appear.
- ✓ If previously exposed, continue to wear your mask in public settings for the next 10 days.
- ✓ Wash your hands, cover your mouth and nose when sneezing and coughing.

