

## NMFIT•Members

### *New Milford Food Bank*



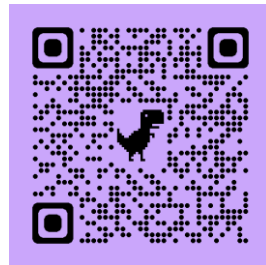
### *Our Daily Bread*



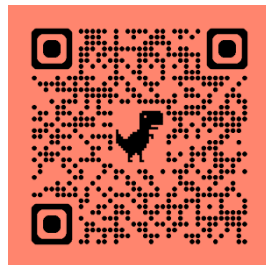
### *Loaves & Fishes Hospitality House*



### *New Milford Farmers Market Collaborative* *[SNAP @ the Market]*



### *Camella's Cupboard*



### *United Way of Coastal & Western CT*

*"Empowering Families  
to Thrive"*

## **NEW MILFORD FIT** **Food Insecurity Team**



A supportive team of food responders collaboratively working together to meet the nutritional needs of residents challenged by food insecurity.

Food Insecurity means struggling to afford quality food to support a healthy life for every member of a household.

1 in 10 CT families struggle with food insecurity due to socio-economic factors.

Our members work towards reducing barriers and increasing access to nourishing food options to improve one's well-being.



## New Milford Food Bank

New Milford Social Services  
2 Pickett District Rd  
New Milford CT 06776  
860-355-6079 x2

Email: [socialservices@newmilfordct.gov](mailto:socialservices@newmilfordct.gov)

[www.newmilford.org/socialservices/foodbank](http://www.newmilford.org/socialservices/foodbank)

*A choice food pantry serving local individuals, seniors & families with children who are food insecure. Walk-in and shop from many nutritional and traditional items- fresh, frozen, and shelf-stable.*

Food Distribution: Open hours Thursdays 9am-4pm or  
By special appointment

Donations accepted: generally Mon-Fri. 8am-2pm

Drop off non-perishables in the tent or bring directly into NMSS office. All perishables must come inside. For larger donations, please call us to arrange the drop-off.

## New Milford Farmers Market Collaborative

New Milford Social Services  
2 Pickett District Rd  
New Milford CT 06776  
860-355-6079 x2

[NewMilfordFarmersMarket/Snap-at-the-Market](http://NewMilfordFarmersMarket/Snap-at-the-Market)



*Offering SNAP participants an opportunity to shop for nutritious and local farm fresh food by using their EBT cards to purchase coins and "DOUBLE your Dollars"!*

Store Hours: Look for our table at the Farmers Market on the New Milford Green June-November, Saturdays 9am-12pm.



## Loaves and Fishes Hospitality House

Of New Milford

PO Box 2065, New Milford, CT 06776  
203-417-1333

[www.loavesandfishes@newmilford.org](http://www.loavesandfishes@newmilford.org)



*We are neighbors helping neighbors who feed the hungry, empower the weak, and nourish the soul.*

*\*Daily Meals served 4:30pm-5:30pm in our kitchen at 40 Main St.*

*~but, Coming this Fall/Winter-*

*Dine with us at our new location at 25 Bridge Street, same service time.*

Food Donations: daily drop-offs at our kitchen between 3:00-5:30pm



## Our Daily Bread A mission of NMUMC

68 Danbury Road  
New Milford, CT 06776  
860-354-4596

[www.newmilfordumc.org/missions](http://www.newmilfordumc.org/missions)

*Our mission provides food and personal items once a week for any individual who is in need.*

Food Distribution: Thursdays 3pm-6pm, Upper Level

Donation boxes are located in the church entry



## Camella's Cupboard

Food Pantry for Children  
JPCC-2 Pickett District Rd  
New Milford, CT 06776

[www.camellascupboard.com](http://www.camellascupboard.com) (For registration, volunteering, making donations & Blessing Boxes locations.)

*Serving Families with Children in the Greater New Milford area who are struggling with food insecurity.*

Food Distribution: Fridays 4:30pm-6pm, Drive up-JPCC front

Donation Hours: Tuesday and Thursdays 10am-1p -Donors can park in the large parking lot. We are down the hallway on left- just past the gymnasium. For larger donations, please call us to arrange a drop-off.



United Way of Coastal and Western Connecticut

"Empowering Families to Thrive"

## \*United Way of Coastal & Western CT

Southern Litchfield County Office  
24 Bank Street  
PO Box 29  
New Milford Ct 06776  
860-354-8800

[www.unitedwaycwc.org](http://www.unitedwaycwc.org)

\* A NMFIT partner who helps "ALICE" families connect to resources that will help them thrive financially. Check out their website for other money -saving and money-growing resources